

CLASSIC & EUROPEAN MESSAGES

ANTI-STRESS MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

The Anti-Stress Massage is a combination of various massage techniques. The body, soul and spirit are liberated from everyday stress and will be completely at peace during the massage.

40 min. 7800 CZK
60 min. 8900 CZK
90 min. 11400 CZK
120 min. 13400 CZK

ENERGETIC MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

The refreshing Energetic Massage is performed with a special citrus oil. It positively influences the entire body and make you feel youthful.

40 min. 7800 CZK

UNIQUE CZECH MASSAGE „GRAND RELAX“ includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Special made for luxury GRAND RELAX Spa & Wellness. Unique Czech Massage is a combination of the most famous massage techniques - relaxation, anti-stress and classical.

40 min. ~~7800 CZK~~ **2400 CZK**
60 min. ~~8900 CZK~~ **3300 CZK**
90 min. ~~11400 CZK~~ **4200 CZK**
120 min. ~~13400 CZK~~ **5100 CZK**

ANTI-CELLULITE MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

The Anti-Cellulite Massage will assist in cellulite reduction and increase blood circulation to the affected areas. A special cinnamon oil is used.

60 min. 8900 CZK
90 min. 11400 CZK

DEEP NECK MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

This Deep Neck tissue Massage therapy is similar to a Swedish massage, but with deeper pressure for beneficial release of chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia (the protective layer surrounding muscles, bones and joints). It could be painful (depending on the condition of your muscles), but your muscles will feel relief after only one visit.

60 min. 8900 CZK

HONEY MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

A raw honey is used. The effect of the Honey DETOX Massage can be felt almost immediately after a single procedure. Honey improves blood circulation in the tissues under the skin and in the muscles. It improves the thermal regulation of the skin and thus its overall state and has a positive influence on the entire nervous system.

60 min. 8900 CZK

RELAXATION MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

There are substantial health benefits to a Relaxation Massage, which includes calming the nervous system, promoting a sense of well-being, improving blood circulation and stimulating the body's lymphatic system, which carries away waste products.

40 min. 7800 CZK

60 min. 8900 CZK

90 min. 11400 CZK

120 min. 13400 CZK

SPORTS MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

The skillfully applied Sports Massage is the strongest and most effective therapy for releasing muscle tension and restoring balance to the musculoskeletal system.

30 min. ~~7800 CZK~~ **2600 CZK**

SWEDISH (CLASSIC) MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

As the best known type of bodywork performed today, one of the primary goals of the Swedish massage technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.

But the Swedish Massage therapy goes beyond relaxation.

It is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension.

40 min. 7800 CZK

60 min. 8900 CZK

90 min. 11400 CZK

120 min. 13400 CZK

THERAPEUTIC MASSAGE includes:

Free Massage 30 min. & Saunarium 30 min.

Therapeutic Massage removes blockages, damaged cells, scar tissue and adhesions left after injury, speeds up recovery and encourages more complete healing.

The results are usually immediate; certainly within 3 sessions a big improvement will be seen with a skillful practitioner.

Most patients feel a difference after 1 session.

60 min. 9600 CZK

90 min. 12300 CZK

BEER OIL MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Body Massage with special Beer Oil.

Hops clean, calm and soften the skin. Warming Beer Oil Massage has been proven to improve immunity.

40 min. 7800-CZK **2600 CZK**

60 min. 8900-CZK **3500 CZK**

90 min. 11400-CZK **4400 CZK**

120 min. 13400-CZK **5300 CZK**

LUXURY MASSAGE CANDLE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

This luxurious massage candle is packed full of skin smoothing omegas, vitamins and minerals and is the ultimate way to soften, smooth and soothe both body and soul.

Leaves skin beautifully scented for hours and hours.

Thoroughly nourishes, replenishes, softens and smoothes skin.

40 min. 8900 CZK

60 min. 11400 CZK

90 min. 13400 CZK

120 min. 15200 CZK

LUXURY MASSAGE DELUXE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Enjoy luxury whole body relaxation by two therapists at the same time.

60 min. 11400 CZK

LUXURY MASSAGE ROYAL includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

This therapy requires two practitioners to simultaneously massage the clients left and right sides, making sure to mimic the other motions and to exert equal pressure for a balanced experience.

60 min. 12300 CZK

LUXURY MASSAGE PREMIUM includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Advanced Massage is committed to you having the best experience.

Unforgettable experience for individuals, whole body massage by three therapists at the same time.

Enjoy this extraordinary whole body relaxation!

60 min. 13200 CZK

LUXURY AROMATHERAPY MASSAGE BY ALQVIMIA includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Oil of your choice.

ALQVIMIA is a luxurious, purely natural cosmetic based on the ancient art of alchemy and traditional aromatherapy.

Their unique quality guarantees immediate and visible effect!

40 min. 8900 CZK

60 min. 11400 CZK

90 min. 13400 CZK

120 min. 15200 CZK

EXOTIC AND ASIAN MASSAGES

HERBAL MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

The Herbal Massage is performed with a special warmed herbal bags applied on the places where energy flows. Special bags that are applied on a massaged body are filled with herbs and spice that help to relax perfectly and decrease stress.

60 min. 11400 CZK

90 min. 13400 CZK

INDIAN HEAD MASSAGE

Method of head massage, stimulating the circulation to the scalp and nourishing the hair roots. Along with increased blood circulation, it also stimulates the movement of the lymph, thus having a cleansing effect, as well as proving to be an invaluable technique for relief of eye strain, headaches, insomnia, lack of concentration, and lethargy.

30 min. 4000 CZK

FOOT & HAND MASSAGE (Classic)

While pampering yourself, don't forget about your hard working feet, and give them some special loving care.

30 min. ~~3000 CZK~~ **800 CZK**

FOOT & HAND REFLEXOLOGY

FOOT & HAND REFLEXOLOGY

40 min. 4200 CZK

FOOT & LOWER LEG MASSAGE

40 min. 4400 CZK

FOOT & LOWER LEG & THIGHS MASSAGE

60 min. 4800 CZK

EXOTIC COCONUT MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Relaxation Massage with 100% organic virgin coconut oil. Leaves skin soft, smooth and supple.

40 min. 8900 CZK

60 min. 11400 CZK

90 min. 13400 CZK

120 min. 15200 CZK

HAWAIIAN MASSAGE LOMI LOMI includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

The Hawaiian Massage is one of the oldest and most powerful forms of healing. Lomi Lomi is one of the most profound forms of massage. Two-handed, forearm, and elbow application of strokes, which cover a broad area, is the defining characteristic of LOMI LOMI.

40 min. 8900 CZK

60 min. 11400 CZK

90 min. 13400 CZK

120 min. 15200 CZK

HOT STONES MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Hot stone massage therapy melts away tension, eases muscle stiffness and increases circulation and metabolism.

Hot stone massage therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body.

60 min. 11400 CZK

90 min. 13400 CZK

BAMBOO MASSAGE includes:

Free Massage 30 min. or Free Beer Spa 30 min. or Free Saunarium 30 min.

Bamboo massage made with special bamboo sticks, descends deep into the muscles and provides a relaxation throughout the whole body.

In order to remove negative electricity from your body, we propose you to have this massage especially after stressful moments.

40 min. 8900 CZK

60 min. 11400 CZK

LUXURY FRENCH COSMETIC TREATMENTS

HIGH PROTECTION EYE Treatment as a part of any Cosmetic Treatment

This treatment is a unique moment for your eyes, helps immediately diminish signs of fatigue and ageing.

15 min. 1700 CZK

SOURCE PURE AROMA-CALM Treatment

Sensitive skin.

Skin with signs of current discomfort.

60 min. 9300 CZK

BIOELITA HYDROPROTECT Treatment

All types of skin.

Dehydrated, dry, tired and devitalized skin

60 min. ~~9300 CZK~~ **3300 CZK**

PERLE DE CAVIAR HYDROPROTECT & ANTI-AGE Treatment

All types of skin with signs of ageing.

Dehydrated, dry, tired and devitalized skin.

60 min. 9300 CZK

CAVIARESSENCE PRESTIGE Treatment

Immediate reduction of unwanted wrinkles.

100 min. 9300 CZK

BIOELITA MEN CARE Treatment

An essential facial treatment to boost and detoxify men's skin.

60 min. 9300 CZK

PRIVATE SAUNARIUM

- **PRIVATE SAUNARIUM** Duration of the Saunarium is 60 min.
- Mini Pool with Hydromassage
- Finnish sauna
- Turkish Steam Bath
- Refreshing Shower
- Unlimited consumption of czech alcoholic and non-alcoholic drinks
- Relaxing Lounger

1 – 2 per ~~10500 CZK~~ **3900 CZK**

3 – 4 per ~~19500 CZK~~ **7100 CZK**

PACKAGE «BE HEALTHY»

A SAUNARIUM session before your massage is fantastic to loosen and warm up muscles.

- **MASSAGE OF YOUR CHOICE IN THE PRICE LIST**

To choose from Anti-Stress, Relaxation, Swedish or Exotic Coconut Massage
40/60/90

- **PRIVATE SAUNARIUM Duration of the Saunarium is 30 min.**

- Mini Pool with Hydromassage
- Finnish sauna
- Turkish Steam Bath
- Refreshing Shower
- Fresh drink water
- Relaxing Loungers

1 per 70 min. (40 min. + 30 min.) 9300 CZK

1 per 90 min. (60 min. + 30 min.) ~~10500 CZK~~ **3300 CZK**

1 per 120 min. (90 min. + 30 min.) 12900 CZK

PACKAGE «GRAND RELAX»

- **PRIVATE SAUNARIUM Duration of the Saunarium is 60 min.**

- Mini Pool with Hydromassage
- Finnish sauna
- Turkish Steam Bath
- Refreshing Shower
- Unlimited consumption of czech alcoholic and non-alcoholic drinks
- Relaxing Lounger

- **LUXURY COSMETIC TREATMENTS Duration of the Cosmetics is 75 min.**

Cosmetic INGRID MILLET was the first to discover the powerful properties of Caviar extract and to devise a way to integrate it in skin care

- **FULL BODY MASSAGE Duration of the Massage is 90 min.**

Massage of your choice in the price list

1 per ~~19500 CZK~~ **6000 CZK**

1 per ~~34500 CZK~~ **10500 CZK**

PACKAGE «PRE-FLIGHT»

A special massage technique will help you easily bear the flights and acclimatization, preventing premature tension and relieve tight shoulder and neck muscles, back and lower extremities.

- **VIP SHUTTLE SERVICE TO THE AIRPORT IN LUXURY VEHICLES MB MAYBACH**

- All transfers offer **UNLIMITED** luggage
- Fresh bottled water
- Refreshing towels
- Free WI-FI connection
- iPhone chargers
- Daily newspapers
- Umbrellas in all vehicles

- **PRIVATE SAUNARIUM Duration of the Saunarium is 60 min.**

- Mini Pool with Hydromassage
- Finnish sauna
- Turkish Steam Bath
- Refreshing Shower
- Unlimited consumption of czech alcoholic and non-alcoholic drinks
- Relaxing Lounger

- **PRE-FLIGHT MASSAGE Duration of the Saunarium is 60 min.**

- Head
- Sholder blade
- Back
- Massage of upper and lower limbs
- Feet

- **PRESENT AFTER YOUR PROCEDURE**

1 per 24000-CZK 8000 CZK

2 per 35000-CZK 15000 CZK

GRAND RELAX SPA & WELLNESS OF UP TO 6

- **PRIVATE SAUNARIUM**
 - Mini Pool with Hydromassage
 - Finnish sauna
 - Turkish Steam Bath
 - Refreshing Shower
 - Unlimited consumption of czech alcoholic and non-alcoholic drinks
 - Relaxing Lounger
- **MASSAGES**
 - Head
 - Sholder blade
 - Back
 - Massage of upper and lower limbs
 - Feet
- **COSMETIC TREATMENTS**

Cosmetic INGRID MILLET was the first to discover the powerful properties of Caviar extract and to devise a way to integrate it in skin care
- **CATERING by The Grand Mark Prague**

Indulge in some of the finest international and modern Bohemian cuisine

1 – 6 per 2 hours 60000 CZK

However, we cannot guarantee, that everyone will be able to enjoy all our procedures due to shorter time period.

Additional hour 23500 CZK

1 – 6 per 6 hours 90000 CZK

We guarantee, that everyone will be able to use all our procedures during the whole rental period.